



BILLINGS OVULATION METHOD™ TRAINING SEMINAR **Natural Fertility Management**

Christchurch Saturday 27th & Sunday 28th April 2024

This seminar will benefit Health Professionals and Natural Health practitioners interested in women's health and fertility, those wishing to become accredited Billings Teachers, and those using or considering using the Billings Method. The seminar will also interest those involved in pre-marriage counselling and those wishing to promote the Method within their community.

The Billings Method teaches accurate, evidence-based, scientific self-knowledge about human fertility. It does not depend on regular cycles, thermometers, kits, drugs or devices. The Method promotes a gentle discipline, creating deeper communication and intimacy in relationships through mutual understanding and respect. It empowers couples to take control of their fertility to avoid or achieve pregnancy and to monitor reproductive health.

Health professionals will better understand the ovarian, cervical and vaginal responses, their relationship to fertile and infertile patterns and ovarian dysfunction. They will gain confidence in relying on the woman's charted observations to monitor her reproductive health and assist a couple in achieving or avoiding pregnancy.

The "Billings Ovulation Method™ Natural Fertility Training Seminar" activity has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to **11.15 CME** credits for Continuing Professional Development (CPD) purposes.

To register or for further details: Phone 0800 693 378

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www.billingslife.org.nz