



BILLINGS OVULATION METHOD™ TRAINING SEMINAR **Natural Fertility Management**

Nelson: Friday 29th & Saturday 30th September 2023

A programme for Health professionals, those wishing to become accredited teachers of the Billings Ovulation Method™ & those interested in the Method for personal use.

The Billings Method teaches accurate, evidence-based, scientific self-knowledge about human fertility. It does not depend on regular cycles, thermometers, kits, drugs or devices.

The Method promotes a gentle discipline, creating deeper communication and intimacy in relationships through mutual understanding and respect. It empowers couples to take control of their fertility to avoid or achieve pregnancy or to monitor reproductive health.

Health professionals will better understand the ovarian, cervical and vaginal responses, their relationship to fertile and infertile patterns and ovarian dysfunction. The health care provider will gain confidence in relying on the woman's charted observations to monitor her general & reproductive health and assist a couple in achieving or avoiding pregnancy.

The "**Billings Ovulation Method™ Natural Fertility Training Seminar**" activity has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to **11.15 CME** credits for Continuing Professional Development (CPD) purposes.

To register or for further details: Phone 0800 693 378

Email: info@billingslife.org.nz

www.billingslife.org.nz