



**Billings LIFE**  
Leaders In Fertility Education

*Te Tikanga Kano Tere a Billings*  
A SERVICE OF WOOMB NZ

## **BILLINGS OVULATION METHOD™ TRAINING SEMINAR**

**Auckland (Hillsborough) Friday 12th – Saturday 13th June 2020**

**A programme for Health professionals, and those wishing to become accredited teachers of the Billings Ovulation Method™.**

**The Billings Ovulation Method™ is a mean of natural fertility regulation. It does not depend on regular cycles, thermometers, kits, drugs or devices.**

Successful completion of the seminar allows participants to register as trainee Billings Method™ Teachers.

Health professionals will gain an increased understanding of the ovarian, cervical and vaginal responses, their relationship to fertile and infertile patterns and /or ovarian dysfunction. The doctor will gain confidence in relying on the woman's own charted observations as a way of monitoring her reproductive health and to assist a couple in the achievement or avoidance of pregnancy.

The Method promotes a gentle discipline, creating deeper communication and intimacy in relationships through mutual understanding and respect. It empowers couples to take control of their fertility to avoid or achieve pregnancy or to monitor reproductive health.

The Billings Ovulation Method™ serves the needs of all people of all cultures

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