



BILLINGS OVULATION METHOD™ TRAINING SEMINAR Natural Fertility Management

Christchurch Friday 8th – Saturday 9th October 2021

A programme for Health professionals, & those wishing to become accredited teachers of the Billings Ovulation Method™.

The Billings Method™ teaches accurate, evidence-based, scientific self knowledge about human fertility. It does not dependent on regular cycles, thermometers, kits, drugs or devices.

Health professionals will gain an increased understanding of the ovarian, cervical and vaginal responses, their relationship to fertile and infertile patterns and /or ovarian dysfunction. The doctor will gain confidence in relying on the woman's own charted observations as a way of monitoring her reproductive health and to assist a couple in the achievement or avoidance of pregnancy.

The Method promotes a gentle discipline, creating deeper communication and intimacy in relationships through mutual understanding and respect. It empowers couples to take control of their fertility to avoid or achieve pregnancy or to monitor reproductive health.

The **“Billings Ovulation Method™ Natural Fertility Training Seminar”** activity has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to **11.45 CME** credits for Continuing Professional Development (CPD) purposes.

To register or for further details : Phone 0800 693 378

Email: info@billingslife.org.nz

www.billingslife.org.nz